

## PHIL'S KNEE WARMER (Rows 64 and 65 were corrected on 2/8/05)

Short rows add the “knee bend” to allow these ribbed knee warmers to move with you while keeping you warm and snug.

This pattern is an adaptation of the Victorian Knee Warmers pattern found here:

<http://www.geocities.com/vintageconnection/VintageConnection--KNITKneeWarmers.html>

I found that pattern to be too large and to have too much fabric at the bend of the knee when worked with the worsted weight wool/acrylic blend I chose.

### Materials

- Yarn – 2 balls Lion Brand Wool-Ease (80% acrylic, 20% wool) used for model (see Note #1 below)
- Needles – U.S. size 3 (3.25 mm) 16 inch circular
- Stitch marker
- Scissors
- Blunt darning needle

### Gauge

Pending (see Note #1 below)

### Note #1

I gave Phil's Knee Warmer away (to Phil!) before weighing it or measuring the stitch and row gauge. I hope to be able to take these measurements over the Thanksgiving 2004 holiday, and will update this pattern at that time.

### Note #2

Short rows are often worked (as these are) by wrapping a slipped stitch before turning the work around. The wraps on the wrapped stitches can then be “hidden” on subsequent rounds, if desired. In this pattern, you may hide the wraps if you wish, but directions to do so were left out in order to make the instructions easier to follow.

### Note#3

The short row shaping for the knee cap is presented in both written and charted form. Please use whichever method is easiest for you to follow.



### **Knee Warmer (top ribbing)**

Cast on 80 stitches. Join without twisting. Place a stitch marker to designate the beginning of the round.

Rounds 1-34: \* K2, P2; repeat from \* to end of round.

### **Option #1: Knee Cap (text)**

The following short rows are worked in a checkered stitch pattern repeat that consists of 4 rows of P2K2 alternated with 4 rows of K2P2.

Row 35 (RS): Work 50 stitches in K2P2 ribbing, wrap and turn (see **Wrap and turn** below).

Row 36 (WS): (K2, P2) five times (20 stitches worked), wrap and turn.

Rows 37 through 50 will each be one stitch longer than the previous row.

Row 37 (RS): (K2, P2) five times, K1, wrap and turn.

Row 38 (WS): P1, (K2, P2) five times, K1, wrap and turn.

Row 39 (RS): P1, (K2, P2) five times, K2, wrap and turn.

Row 40 (WS): (K2, P2) six times, wrap and turn.

Row 41 (RS): (K2, P2) six times, K1, wrap and turn.

Row 42 (WS): P1, (K2, P2) six times, K1, wrap and turn.

Row 43 (RS): P1, (K2, P2) six times, K2, wrap and turn.

Row 44 (WS): (K2, P2) seven times, wrap and turn.

Row 45 (RS): (K2, P2) seven times, K1, wrap and turn.

Row 46 (WS): P1, (K2, P2) seven times, K1, wrap and turn.

Row 47 (RS): P1, (K2, P2) seven times, K2, wrap and turn.

Row 48 (WS): (K2, P2) eight times, wrap and turn.

Row 49 (RS): (K2, P2) eight times, K1, wrap and turn.

Row 50 (WS): P1, (K2, P2) eight times, K1, wrap and turn.

Rows 51 through 64 will each be one stitch shorter than the previous row.

Row 51 (RS): P1, (K2, P2) eight times, wrap and turn.

Row 52 (WS): P2, (K2, P2) seven times, K2, wrap and turn.

Row 53 (RS): P2, (K2, P2) seven times, K1, wrap and turn.

Row 54 (WS): P1, (K2, P2) seven times, K1, wrap and turn.

Row 55 (RS): P1, (K2, P2) seven times, wrap and turn.

Row 56 (WS): P2, (K2, P2) six times, K2, wrap and turn.  
Row 57 (RS): P2, (K2, P2) six times, K1, wrap and turn.

Row 58 (WS): P1, (K2, P2) six times, K1, wrap and turn.  
Row 59 (RS): P1, (K2, P2) six times, wrap and turn.

Row 60 (WS): P2, (K2, P2) five times, K2, wrap and turn.  
Row 61 (RS): P2, (K2, P2) five times, K1, wrap and turn.

Row 62 (WS): P1, (K2, P2) five times, K1, wrap and turn.  
Row 63 (RS): P1, (K2, P2) five times, wrap and turn.

Row 64 (WS): P2, (K2, P2) five times, K2, wrap and turn.  
Row 65 (RS): P2, \* K2, P2; repeat from \* to end of round.

### **Option #2: Knee Cap (chart)**

Follow chart on page 4 for short row shaping of knee cap, beginning with row 35 (at the bottom of the chart) and ending with row 65 (at the top of the chart), which should then continue in K2P2 ribbing to the beginning of round marker. Sorry if the row numbers are hard to read – this is my first attempt at adding a chart to a pattern.

All odd numbered rows are right-side rows, and are worked with the right (outside) side of the fabric facing you.

All even numbered rows are wrong side rows, and are worked with the wrong (inside) side of the fabric facing you.

### **Knee Warmer (bottom ribbing)**

Rounds 66-100: \* K2, P2; repeat from \* to end of round.

Bind off VERY loosely.

Weave in ends.

### **Wrap and turn**

Leaving the yarn to the purl side of your work, slip the next stitch purlwise to the right-hand needle. Move the yarn between the needles to the knit side of your work (wrapping the slipped stitch), slip the slipped stitch back to the left-hand needle, and then move the yarn between the needles to the purl side of your work. Turn your work around.

